

## I run on EM-PACT. What do YOU run on?

EM•PACT™ energy and endurance formula provides fuel and biochemicals clinically shown to enhance cardiorespiratory fitness and improve endurance.

“It’s like I am just a little bit more fit when I have some magic dust in my bottle.”



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## EM-PACT





# Supplement Facts

Serving Size 1 Tablespoon (14 g)  
Servings Per Container 26

	Amount per Serving	% Daily Value
Calories	50	
Total Carbohydrate	12 g	4% ††
Sugars	12 g	†
Calcium	30 mg	3% ††
Energy and Endurance Complex	12.7 g	
Fructose †, Silicon Dioxide †, Calcium Citrate †, Medium Chain Triglycerides †, Magnesium Aspartate †, Magnesium Succinate †, Potassium Aspartate †, Potassium Succinate †, Choline Bitartrate †, L-Carnitine †, Soy Lecithin †		
Ambrotose® complex	19.6 mg	
Arabinogalactan (from <i>Larix</i> spp. wood)†, Aloe vera (inner leaf gel powder) †, Ghatti Gum †, Gum Tragacanth †		
†† Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.		

US.19301.25.012

**Other ingredients:** Citric acid, modified starch, natural flavour

**Recommended use:** Mix one tablespoon (14 g) of EM•PACT Drink Mix with 8-16 fl oz of water (one serving) or mix entire jar into 5 quarts of water. For best results, drink one serving 15-20 minutes prior to your exercise routine. Additional EM•PACT drink servings can be consumed during workouts extending beyond one hour.

Please read the product labels for detailed information.

Ambrotose complex S.A. Patent No. 97/7102

Net Wt. 12.6 oz. (360 g)

Product Number	19301
Retail Price	R 390.00
Member Price	R 341.00
Associate Price	R 325.00

## About EM•PACT Energy and Endurance Formula:

**May enhance** the body's ability to use oxygen during athletic exertion.

**May improve** athletic endurance.

**Includes** medium-chain triglycerides (MCTs) that are readily broken down into short-chain, free-fatty acids that are used as fuel for muscles.

Unlike popular, glucose-laden sports drinks that offer minimal benefits and trigger the release of insulin, EM•PACT drink mix is formulated to help furnish biochemicals that can increase oxygen uptake capacity.



## Energy and Endurance Formula

Our EM•PACT citrus-flavoured drink mix is more than just a sports supplement drink. Its energy and endurance formula has been clinically shown† to enhance cardiorespiratory fitness (VO<sub>2max</sub>, a measure of maximal oxygen consumption and physical fitness). In a randomised, double-blind crossover human clinical trial, EM•PACT drink mix enhanced three out of four indicators of aerobic performance. Mannatech's EM•PACT energy and endurance formula provides fuel and biochemicals clinically shown† to enhance cardiorespiratory fitness and improve endurance.

†Mannatech-funded clinical studies:

*Journal of the International Society of Sports Nutrition* 2006; 3(1):56–59.

*Applied Research in Coaching and Athletics Annual* 2007; 22:226–240.